



NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR §101.93

RECEIVED
7/15/98

6903 '98 AUG -5 P1:41

This notification is being filed on behalf of 4Health, Inc., doing business as Nature's Secret, which is the distributor of the product(s) which bear the statements identified in this notification. Its business address is: 5485 Conestoga Court, Boulder CO 80301. This notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. §101.93. The dietary supplement product on whose label or labeling the statements appear is Ultimate Green™.

The text of each structure-function statement for which notification is now being given is:

- Statement 1. Diets supplemented with green superfoods may be the best way to ensure that we get enough of these vital ingredients in order to attain and sustain optimum health.
- Statement 2. Ultimate Green provides the necessary nutrients to help support the immune system, nervous system, energy production and more.
- Statement 3. Users notice enhanced energy levels, enhanced mental clarity, improved overall endurance and general health. They feel better and have more vitality and stamina.
- Statement 4. Green superfoods also alkalize the body by helping remove excess acids.
- Statement 5. An excellent blood builder and cleanser.
- Statement 6. Provides immediate and long term energy.
- Statement 7. Helps to restore the body's acid/alkaline balance.
- Statement 8. Supports the production of blood cells and circulation.
- Statement 9. Supports digestion.
- Statement 10. Adaptogen effective for stress control.
- Statement 11. Increase the ability of humans to withstand adverse physical conditions, increase mental alertness.
- Statement 12. Source of choline, necessary for liver and brain function.
- Statement 13. Instrumental in digesting and metabolizing fats.
- Statement 14. Anti-inflammatory enzyme.
- Statement 15. Brain and circulatory anti-oxidant.
- Statement 16. Needed for proper thyroid function and metabolism.
- Statement 17. CoQ10 is essential in the synthesis of ATP, energy required for the body's processes.
- Statement 18. Peppermint is well known for its digestive and stimulant properties.
- Statement 19. Research has suggested that chlorella can help maintain optimum health.

The following summary identifies the dietary ingredient(s) or supplement(s) for which a statement has been made.

<u>Statement Number</u>	<u>Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement</u>
1	Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.

60152
LET 1910

NS30114 06/02/98

2	Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.
3	Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.
4	Chlorella, Hawaiian Blue-Green Algae, Wheat Grass, Barley Grass, Spinach, Alfalfa.
5	Chlorella, Wheat Grass, Spinach.
6	Hawaiian Blue-Green Algae.
7	Barley Grass
8	Wheat Grass
9	Green Papaya Powder, Lecithin, Rosehips, Peppermint.
10	Siberian Ginseng
11	Siberian Ginseng
12	Lecithin
13	Lecithin
14	Bromelain
15	Ginkgo Biloba Leaf
16	Kelp (iodine)
17	CoQ10
18	Peppermint
19	Chlorella

The following identifies the brand name of each supplement for which a statement is made:

<u>Statement Number</u>	<u>Brand Name</u>	<u>Label or Labeling?</u>
1	Nature's Secret® Ultimate Green™	Label
2	Nature's Secret® Ultimate Green™	Labeling
3	Nature's Secret® Ultimate Green™	Labeling
4	Nature's Secret® Ultimate Green™	Labeling
5	Nature's Secret® Ultimate Green™	Labeling
6	Nature's Secret® Ultimate Green™	Labeling
7	Nature's Secret® Ultimate Green™	Labeling
8	Nature's Secret® Ultimate Green™	Labeling
9	Nature's Secret® Ultimate Green™	Labeling
10	Nature's Secret® Ultimate Green™	Labeling
11	Nature's Secret® Ultimate Green™	Labeling
12	Nature's Secret® Ultimate Green™	Labeling
13	Nature's Secret® Ultimate Green™	Labeling
14	Nature's Secret® Ultimate Green™	Labeling
15	Nature's Secret® Ultimate Green™	Labeling
16	Nature's Secret® Ultimate Green™	Labeling
17	Nature's Secret® Ultimate Green™	Labeling
18	Nature's Secret® Ultimate Green™	Labeling
19	Nature's Secret® Ultimate Green™	Label

I, R. Lindsey Duncan, am authorized to certify this Notification on behalf of 4Health, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that 4Health, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: June 30, 1998

By: _____

A handwritten signature in black ink, appearing to read 'R. Lindsey Duncan', written over a horizontal line.

R. R. Lindsey Duncan CN, ND
CEO and Formulator, 4Health, Inc.